



**Nova Scotia
Apples**
Pick An Original



Waldorf Supreme Salad

- 2 cups diced, unpeeled Nova Scotia apples
- 1 cup thinly sliced celery
- 1/2 cup chopped walnuts
- 1/2 cup diced seedless raisins
- 1/2 cup diced orange or pineapple
- 1 1/2 tbsp. chopped parsley or green onion
- 2 cups diced, cooked chicken, turkey or ham
- 1/4 tsp. curry powder (optional)
- 1/2 cup (approx.) mayonnaise or lemon dressing*

Lemon Dressing (makes 500 mL or 2 cups)

- Blend well
- 1 cup reconstituted lemon juice
- 1 cup vegetable oil
- 1 tbsp. salt
- 1 tsp. pepper
- 1/2 cup sugar
- 4 tbsp. honey

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