



**Nova Scotia  
Apples**  
*Pick An Original*



## Curried Apple and Chicken Wraps

- 1 tbsp oil such as canola or olive
- 1 small onion, sliced
- 2 cups diced, cooked chicken or turkey
- 2 tbsp lemon juice
- 2 tsp curry powder
- 1 medium apple, sliced
- 4 wraps

Heat oil in skillet over medium heat. Saute onion until tender. Add chicken, lemon juice and curry powder. Heat and stir, adding apple slices when chicken is almost hot. Place on wrap and roll or fold.

Serving suggestion: Add your favourite crisp vegetable to the wrap such as diced celery, grated carrot, or fresh snow peas.

< [Back to Table of Contents](#)