



**Nova Scotia  
Apples**  
*Pick An Original*



## Apple Blueberry Muffins

Yield: 12 muffins

- 2 cups flour
- 2 tsp. baking powder
- 1/2 tsp. cinnamon
- 1/2 tsp. baking powder
- 1 cup sugar
- 3/4 cup milk
- 1/4 cup yogurt
- 1 egg
- 1 tsp. vanilla
- 1/4 cup vegetable oil
- 1 medium Nova Scotia apple
- 1/2 cup wild blueberries

Mix flour, baking powder, cinnamon, soda, and sugar in a medium size bowl. In another bowl, stir milk, yogurt, beaten egg, vanilla and oil. Grate apple, add blueberries, mix lightly with the dry ingredients. Make a well in the flour mixture, add liquids and mix until just blended.

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